



## Cardiac First Response Responder

Participants who have completed this course will be able to demonstrate how to:

- ➔ Assess a collapsed Casualty.
- ➔ Perform CPR on an adult, child and infant.
- ➔ Recognise the signs of choking and how to clear the obstruction.
- ➔ Operate an AED safely.
- ➔ Recognise the signs of a heart attack and stroke and be able to provide treatment.

### Who should attend

Any person interested in developing their skills to deal with a cardiac emergency.  
Participants must be over 16 years of age.

**Duration:** 1 Day

### Course Content

- ➔ Adult /Child & Infant chain of survival.
- ➔ Adult /Child & Infant Cardiac Pulmonary Resuscitation
- ➔ Recovery Position, care of the unconscious casualty
- ➔ Foreign Body Airway Obstruction
- ➔ Automated External Defibrillation
- ➔ Aspirin Administration
- ➔ Handover to Healthcare Professionals
- ➔ Critical incident stress management

**Assessment:** TBA - as per PHECC guidelines

**Certification:** Pre-Hospital Emergency Care Council (PHECC) Cardiac First Response Responder /  
Academy of Emergency Care

**Period:** Certificate Valid for Two Years